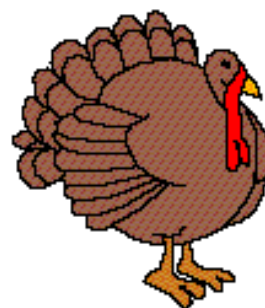


The Fond du Lac Running Club Presents:

November 14, 2009
Lakeside Park
Fond du Lac, WI

Turkey Trot

Events: (All prediction), 3 mile (run only),
1 ½ mile run/walk, ½ mile kids run (12 & under)
Lakeside Park pavilion on Promen Drive (between Main St. & Park Ave.)



Time: 10:05 Registration Opens
10:45 3 mile run start
11:35 1 ½ mile run/walk start
12:00 ½ mile kids run start
Awards to follow

Course: Accurate, flat, inside Lakeside Park, start and finish at pavilion. (Indoor shelter with restrooms and changing area.)

Food: Coffee, hot chocolate, orange drink, cookies, bagels, munchies (served indoors) to participants & their guests.

Awards: Awards will take place immediately after ½ mile kids run. **You must be present when your name is called or your award will go to the next closest prediction.** 40 turkeys (10-12 lbs.) to 1st through 20th closest prediction in the 3 mile run and 1 ½ mile run/walk. 40 pizzas (14") to 21st through 40th closest in the 3 mile run and 1 ½ mile run/walk. 10 pizzas to 1st through 10th closest prediction in the ½ mile kids run.

Rules: No watches, measuring wheels, GPS units, or timing devices allowed on the course.
Only one turkey per family/household.
Race will run regardless of weather.
No animals allowed in the park.

Cost: 3 mile run and 1 ½ mile run/walk: \$8.00 (\$10.00 on raceday), ½ mile kids run: FREE

Mail To: Make checks payable and mail to: Fond du Lac Running Club, P.O. Box 102, Fond du Lac, WI 54936-0102. Call (920) 921-0793 or (920) 922-1577 for more information.

More entry forms available at www.fonddulacrunningclub.com

-Official Entry Form and Waiver-

NAME _____ AGE (on race day): _____ SEX _____

ADDRESS _____

CITY/STATE/ZIP _____ PHONE _____

I know that running is potentially hazardous. I should not enter and participate in this event unless I am medially able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the park and hazards on the course; all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the FDL Running Club, Inc., and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons and organizations named in this waiver. I grant permission, to all the foregoing to use any photographs, motion pictures, recordings, or any other record of an event for any legitimate purpose.

SIGNATURE : _____ DATE _____
(Parent if under 18)

EVENT (circle one): 1/2 mile 1 1/2 mile run/walk 3 mile run **Prediction Time:** _____